

## WARM BOWLS

### BURRITO BOWL

Avocado, Mais-Salsa, BBQ Tofu, schwarze Bohnen, Gurken-Spirelli, Sticky Wildreis, Nachos, Chipotle Sauce, Koriander

+ Roasted Chicken / Meatballs

### THAI RICE BOWL

Sticky Wildreis, Rotes Thai Curry, Erdnüsse, Röstzwiebeln, Gemüse-Wildkräutersalat, Koriander

+ Roasted Chicken / Avocado

### INDIAN BOWL

Indisches Gemüsecurry, Spicy Kartoffeln, Shiso-Spitzkohl, Gurken-Spirelli, Sauerrahm, Papadam, Erdnüsse, Granatapfel

+ Roasted Chicken / BBQ Tofu

## SIGNATURE BOWLS

### PROTEIN BOWL

Butternusskürbis, Chili-Brokkoli, Quinoa, Rote Bete, Edamame-Erbesen, Minze, Mandeln, Zitronen-Dressing

+ Roasted Chicken / Avocado

### ORIENTAL BOWL

Hummus, Curry-Blumenkohl, Hirtenkäse, Granatapfel, Tabouleh, Cranberry-Rotkohl, Minze, Mandeln, Sauerrahm

+ Meatballs / Bio Egg

### NEW AVOCADO BOWL

Avocado, Beluga-Linsen, Süßkartoffel, Baby-Spinat, Granatapfel, Koriander, Kichererbsen, Yuzu Dressing, Nussmix

+ Roasted Chicken / Bio Egg

### JAPANESE SALMON BOWL

Pulled Salmon, Sticky Wildreis, Edamame-Erbesen, Gurkenspirelli, Yuzu Dressing, Avocado, Masago, Koriander, Hot Mayo

+ Bio-Egg / Grilled Pita

## SIGNATURE SALADS

### NEW CALIFORNIA SALAD

Salatmix, Avocado, Nachos, Mais, Joghurt-Koriander-Dressing, Cheddar

+ Roasted Chicken / Meatballs

### NEW GREEN SALAD

Salatmix, Edamame-Erbesen, Gurke, Sesam, Avocado, Honig-Senf-Dressing, Minze

+ Roasted Chicken / Bio Egg

### QUINOA CAESAR SALAD

Salatmix, Parmesan, Quinoa, Caesar-Dressing, Knusper-Croutons, Organic Egg

+ Roasted Chicken / Avocado

### FALAFEL SALAD

Salatmix, Ofen-Falafel, Sesam, Hirtenkäse, Cranberry-Rotkohl, Granatapfel, Tahini-Dressing

+ Roasted Chicken / Grilled Pita

## SOUP

### INDIAN CURRY SOUP

Indisches Gemüsecurry, Sauerrahm, Koriander

+ Roasted Chicken / Grilled Pita

### PUMPKIN SOUP

Kürbissuppe, Tahini, Sauerrahm, Nussmix

+ Roasted Chicken / Grilled Pita

### RED THAI LENTIL SOUP

Rotes Thai Curry, Linsen, Paprika, Karotten, Erdnüsse, Koriander

+ Roasted Chicken / BBQ Tofu

## SEASONAL SALADS

### THAI TOFU SALAD

BBQ Tofu, Babyspinat, Gurken-Spirelli, Karotte, Sprossen, Kichererbsen, Minze, Koriander, Röstzwiebeln, Thai Dressing

+ Roasted Chicken / Bio Egg

### FRENCH SALAD

Ziegenkäse, Traube, Mixsalat, Apfel, Nussmix, Himbeerdressing

+ Roasted Chicken / Grilled Pita

## WRAPS

### MEXICAN WRAP

Salatmix, schwarze Bohnen, Jalapenos, Joghurt-Koriander-Dressing, Nachos, Cheddar, Corn Salsa

### SPICY FALAFEL WRAP

Falafel, Hummus, Cranberry-Rotkohl, Salatmix, Hot Sauce

Viele Gerichte können  vegan,  laktosefrei und  glutenfrei zubereitet werden.

Frag gerne unser Personal nach Allergen Einschränkungen.

### CAESAR CHICKEN WRAP

Salatmix, Maishähnchen, Parmesan, Caesar-Dressing

### MEATBALL WRAP

Meatballs, Tomatensoße, Cheddar



## TOP UP YOUR DISH!

Füge weitere Zutaten zu deinem Gericht hinzu



Grilled Pita

Bio Egg  

Avocado   

Roasted Chicken  

BBQ Tofu   

Meatballs

Pulled Salmon